FREE ALERT **CME**

Managing Anger and Aggression in Children and Adolescents

Join Here

Join Meeting:
Meeting ID: 262 646 669 805
Passcode: KK3oB7gf

April 8, 2025

Noon - 1:00 P.M.
Virtual Meeting

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Overview

Pediatricians and primary care providers (PCPs) are the first-line clinicians for children, adolescents, and young adults. The prevalence of psychiatric disorders within this population is high, with depression, anxiety and ADHD being most common. The morbidity and mortality of these disorders is significant; however, they remain under-treated. Given the limitations of referral to specialty care, PCPs are tasked with managing these illnesses. Both in our experience working in a consultation center and based on the literature, PCPs face many barriers to doing so, including limitations in knowledge about and comfort in prescribing psychiatric medications.

Learning Objectives

At the end of this activity, participants should have increased information to:

- Define and compare clinical terminology related to anger and aggression in children and adolescents.
- Describe the etiology of anger and aggression as it pertains to different diagnostic classifications.
- Determine methods for intervention specific to the care settings and age groups of children and adolescents dealing with anger and aggression.
- Apply gained knowledge of the identification and intervention of anger and aggression to a clinical case example.

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